CITY OF WALNUT
SENIOR CITIZENS COMMISSION AGENDA
WALNUT CITY HALL
21215 LA PUENTE ROAD, WALNUT
NOVEMBER 4, 2026

1. CALL TO ORDER 10:00 A.M.

2. FLAG SALUTE COMMISSIONER RODRIGUEZ

3. ROLL CALL COMMISSIONERS GONZALEZ, RODRIGUEZ, SLINGLUFF, VANCE & WANG

4. MINUTES REGULAR MEETING OCTOBER 7, 2026

5. ORAL COMMUNICATIONS

If any person wishes to address the Senior Commission on any item on the agenda or on any other matter, please present your testimony at this time, and please limit your comments to three minutes. The Commission may choose to remove the item for discussion.

The Chairperson may impose reasonable limitations on public comments to assure an orderly and timely meeting. When addressing the Commission, please write your name and address on the sheet provided.

6. CONSENT CALENDAR

A. Senior Center Activities for October 2026

Recommendation: Receive and file.

7. DISCUSSION

8. STAFF ITEMS

9. ANNOUNCEMENTS

10. ADJOURNMENT

Action Minutes of the Regular Meeting
of the Senior Citizens Commission
of the City of Walnut

A regular meeting of the City of Walnut Senior Citizens Commission was held on October 7, 2026 at the Walnut City Hall, 21201 La Puente Road, Walnut, California. Chairperson Gonzalez called the meeting to order at 10:00 A.M.

ROLL CALL

PRESENT: Commissioners Gonzalez, Rodriguez, Slingluff, Vance & Wang
ABSENT: None

Also present at the meeting was Community Services Manager Fontan, Recreation Coordinator Watanabe and Senior Administrative Assistant Vermeer.

APPROVAL OF MINUTES

C/Rodriguez made a motion, seconded by C/Slingluff and was carried 5-0 to approve the minutes of September 2, 2026.

AYES: Commissioners Gonzalez, Rodriguez, Slingluff, Vance & Wang
ABSENT: None

ORAL COMMUNICATION

CONSENT CALENDAR

C/Rodriguez made a motion, seconded by C/Vance and was carried 5-0 to receive and file Item 6A.

AYES: Commissioners Gonzalez, Rodriguez, Slingluff, Vance & Wang
NOES: None

DISCUSSION

LATE BUSINESS

STAFF ITEMS

ANNOUNCEMENTS

ADJOURNMENT

There being no further business to come before the Commission, C/Gonzalez adjourned the meeting at 10:15 A.M.

_____
Chairperson

ATTEST:

_____
Senior Administrative Assistant

AGENDA ITEM 6A

☒ Consent Calendar
☐ Discussion

WALNUT SENIOR CITIZENS COMMISSION **AGENDA DATE: NOVEMBER 4, 2026**

TO: Senior Citizens Commission

VIA: Chris Vasquez, Assistant City Manager *CV*

FROM: Jennifer Fontan, Community Services Manager *JF*
Robert Watanabe, Community Services Coordinator *RW*

SUBJECT: Senior Center Activities for October 2026

RECOMMENDATION:

It is recommended that the Senior Citizens Commission receive and file this informational report for the month of October.

ACTIVITIES SUMMARY:

The following are ongoing social services for older adults in Walnut that occurred in the month of October. Staff continue to provide older adults in the community with pressing social services opportunities.

SENIOR DINE-IN NUTRITION LUNCH PROGRAM
The Senior Dine-In Nutrition program is open to seniors 60 years and older. YWCA is serving hot meals Monday through Friday, on a first-come first-serve basis. To 7participate in this program guests must complete a YWCA intake form and check-in begins at 10:30 a.m. with meals served from 11:00 a.m. to 12:00 p.m. or until food is available. The program has been averaging an attendance of 35 seniors in October.

SEMINARS/SPECIAL EVENTS:

Wednesday, October 7, 2026
Coffee Corner: Live Better Financial (9:30 am – 11:30 am)

Wednesday, October 14, 2026
Coffee Corner: First Light Home Care (9:30 am – 11:30 am)

Tuesday, October 20, 2026
Seminar: Medicare 2027 by SCAN Health Plan (11:00 am – 12:00 pm) (Postponed)

Wednesday, October 21, 2026
Coffee Corner: ALTAMED PACE Program (9:30 am – 11:30 am) (Rescheduled)

Wednesday, October 28, 2026
Coffee Corner: Alignment Health Plan (9:30 am – 11:30 am)

Health & Wellness Fair
On Tuesday, October 13, the Walnut Senior Center held its annual Flu Shot Clinic with the Los Angeles County Department of Public Health. Guests were able to receive the most recent vaccinations for both the Flu and Covid. In addition, guests were able to visit with our many vendors at the Health & Wellness Fair held in the assembly room of the Senior Center. There were 24 vendors that partnered with the City and over 100+ people in attendance.

Boo Bop - Dinner & Dance
The Boo Bop Dinner and Dance was held at the Walnut Senior Center on October 23 from 5:00 pm to 8:00 pm. Guests were encouraged to come in costume and participate in the costume contest. A catered dinner was served by Tiscarenos and a disc jockey, DJ Oso, was playing the fun dance hits. An opportunity drawing and door prizes were given at the event, as well. 50+ participants attended the event.

OLDER ADULT CLASSES
The City of Walnut Senior Center partners with the Mt San Antonio College Continuing Education Division to offer classes for older adults. Classes are designed and developed to meet the educational needs of older adults. Classes offered are Digital Photography, Creative Computing, PowerPoint Basics, Mobile Technology, Oil Painting, Home Gardening, Jewelry Production & Design, Healthy Aging, Principles of Posture and Flexibility, and Financial Literacy in Retirement.

Heart and Soul Line Dance classes started offering lessons twice a week. Monday classes are perfect for the working older adult and are scheduled for 6pm. Thursday classes are perfect for the retired person, scheduled for the morning at 9:30 am. These classes are a perfect way to good heart health without the constant strain on joints and easy to follow. All levels are welcome and no partner is necessary.

Zumba Gold classes are offered at the Senior Center on Mondays from 12:30 pm to 1:30 pm. Zumba Gold is a lower impact dace class designed with seniors in mind. This fun and social class will teach different types of Latin and international dances. This

class provides simple to follow Zumba choreography that promotes balance, range of motion, posture strengthening and coordination.

GROW GROUP COUNSELING

The Senior Group GROW Group Counseling program has continued to be in person, since the transition of the virtual forum. GROW meets the first Friday of every month from 9:00 am to 11:00 am. Participants ages 55 and older are welcome and encouraged to learn new skills that will allow them to GROW.

SOCIAL CONNECTIONS

The senior center is partnering with the Los Angeles Department of Mental Health, to offer a one-hour support group for seniors on Mondays from 11:00 am to 12:00 pm allowing individuals to come together around a common activity to develop social connections. Here seniors can come and socialize, play games, share stories, and explore different topics with Staff and their fellow peers. This drop-in program is free to attend. Average Attendance is: 30

SENIOR EXCURSIONS:

Name	Date	Participants
The Outsiders at Segerstrom Center	Oct 25	44 (FULL)

WEEKLY ACTIVITIES:

The Walnut Senior Center has continued to welcome back a few of the social groups including Bridge, Billiards, Friendship Quilting and Tole Painting. All social groups have designated meeting times with the exception of Billiards, which is open Monday through Friday from 8:00 am to 5:00 pm.

Tole Painting	Monday	10:00 am to 12:00 noon
Friendship Quilting	1st & 3rd Monday	12:30 pm to 3:00 pm
Bridge	Tuesday	12:00 noon to 3:00 pm
Senior Club (Bingo)	Wednesdays	12:00 noon to 3:00 pm
Chinese Brush Painting	Friday	10:00 am to 12:00 noon