

CITY OF WALNUT
SENIOR CITIZENS COMMISSION AGENDA
WALNUT CITY HALL
21215 LA PUENTE ROAD, WALNUT
MAY 6, 2026

1. CALL TO ORDER 10:00 A.M.
2. FLAG SALUTE COMMISSIONER RODRIGUEZ
3. ROLL CALL COMMISSIONERS GONZALEZ, MILLER, RODRIGUEZ, SOBRETUDO & WANG
4. MINUTES REGULAR MEETING FEBRUARY 4 & ADJOURNED APRIL 1, 2026

5. ORAL COMMUNICATIONS

If any person wishes to address the Senior Commission on any item on the agenda or on any other matter, please present your testimony at this time, and please limit your comments to three minutes. The Commission may choose to remove the item for discussion.

The Chairperson may impose reasonable limitations on public comments to assure an orderly and timely meeting. When addressing the Commission, please write your name and address on the sheet provided.

6. CONSENT CALENDAR

- A. Senior Center Activities for February, March & April 2026

Recommendation: Receive and file.

7. DISCUSSION

8. STAFF ITEMS

9. ANNOUNCEMENTS

10. ADJOURNMENT

Minutes of the Regular Meeting
of the Senior Citizens Commission
of the City of Walnut

A regular meeting of the City of Walnut Parks and Recreation Commission was held on April 1, 2026. Chairperson Gonzalez called the meeting to order at 10:05 a.m. and called the roll:

ROLL CALL

PRESENT: Commissioners Gonzalez & Sobretudo
ABSENT: Commissioners Miller, Rodriguez & Wang

ADJOURNMENT

Due to the lack of quorum, the meeting was adjourned.

Senior Administrative Assistant

Action Minutes of the Regular Meeting
of the Senior Citizens Commission
of the City of Walnut

A regular meeting of the City of Walnut Senior Citizens Commission was held on February 4, 2026 at the Walnut City Hall, 21201 La Puente Road, Walnut, California. Chairperson Gonzalez called the meeting to order at 10:00 A.M.

ROLL CALL

PRESENT: Commissioners Gonzalez, Miller, Rodriguez & Sobretudo
ABSENT: Commissioner Wang

Also present at the meeting was Community Services Director Bumia, Recreation Supervisor Fontan, Recreation Coordinator Watanabe and Senior Administrative Assistant Vermeer.

APPROVAL OF MINUTES

C/Rodriguez made a motion, seconded by C/Miller and was carried 4-0 to approve the minutes of January 7, 2026.

AYES: Commissioners Gonzalez, Miller, Rodriguez & Sobretudo
ABSENT: Commissioner Wang

ORAL COMMUNICATION

CONSENT CALENDAR

C/Miller made a motion, seconded by C/Sobretudo and was carried 4-0 to receive and file Item 6A.

AYES: Commissioners Gonzalez, Miller, Rodriguez & Sobretudo
ABSENT: Commissioner Wang

DISCUSSION

LATE BUSINESS

STAFF ITEMS

ANNOUNCEMENTS

ADJOURNMENT

There being no further business to come before the Commission, C/Gonzalez adjourned the meeting at 10:17 A.M.

Chairperson

ATTEST:

Senior Administrative Assistant



AGENDA ITEM 6A

- Consent Calendar
- Discussion

WALNUT SENIOR CITIZENS COMMISSION

AGENDA DATE: MAY 6, 2026

TO: Senior Citizens Commission

VIA: Jamie Bumia, Community Services Director *JB*

FROM: Jennifer Fontan, Recreation Supervisor *JF*
Robert Watanabe, Recreation Coordinator *RW*

SUBJECT: Senior Center Activities for February, March & April 2026

RECOMMENDATION:

It is recommended that the Senior Citizens Commission receive and file this informational report for the months of February, March and April.

ACTIVITIES SUMMARY:

The following are ongoing social services for older adults in Walnut that occurred in the months of February and March. Staff continue to provide older adults in the community with pressing social services opportunities.

SENIOR DINE-IN NUTRITION LUNCH PROGRAM

The Senior Dine-In Nutrition program is open to seniors 60 years and older. YWCA is serving hot meals Monday through Friday, on a first-come first-serve basis. To participate in this program guests must complete a YWCA intake form and check-in begins at 10:30 a.m. with meals served from 11:00 a.m. to 12:00 p.m. or until food is available. The program has been averaging an attendance of 40 seniors in February, March and April.

SEMINARS/SPECIAL EVENTS:

Wednesday, February 4, 2026

Coffee Corner: Emanate Health & Medical Group (9:30 am – 11:30 am)

Thursday, February 19, 2026

Seminar: Trusts, Wills, Medi-Cal and Elder Care Planning
Carlos Arcos – A Law Corporation (10:00 am -11:30 am)

Wednesday, February 25, 2026

Focus Group: Cal Poly Pomona – Older Adult Focus Group (9:30 am -11:30 am)

Wednesday, March 4, 2026

Coffee Corner: Clear Captions Phones (9:30 am -11:30 am)

Tuesday, March 10, 2026

Seminar: Preserving Your Memory
LA County Department of Mental Health (11:00 am -12:00 pm)

Wednesday, March 11, 2026

Coffee Corner: Gutierrez Funeral Home (9:30 am -11:30 am)

Tuesday, March 17, 2026

Seminar: Why Pre-Plan?
Gutierrez Funeral Home (11:00 am -12:00 pm)

Tuesday, March 24, 2026

Screening: Hearing
Hearing Life (10:00 am -11:30 am)

Tuesday, March 31, 2026

Seminar: Medicare 101
Mark Albano & Tara Mascara (11:00 am -12:00 pm)

Wednesday, April 1, 2026

Coffee Corner: Amada Senior Care (9:30 am -11:30 am)

Wednesday, April 8, 2026

Coffee Corner: Clear Caption Phones (9:30 am -11:30 am)

Wednesday, April 8, 2026

Coffee Corner: First Light Home Care (9:00 am -11:00 am)

Wednesday, April 8, 2026

Coffee Corner: Live Better Financial (9:30 am -11:30 am)

Friday, February 13, 2026

Special Event: Heartbeat Dinner & Dance (5:00 pm – 8:00 pm)

We kicked off the first dinner and dance of the year with a new vibe club scene filled with dancing, raffles, games and more. DJ Osos played a great mix of songs, as our participants danced the night away and a delicious catered dinner was prepared by Tiscareno's Catering. This event was enjoyed by all 70 participants in attendance.

Monday, March 9, 2026

Special Event: 100th Birthday Celebration for Carmen Vogel (8:30 am – 10:00 am)

Recognizing 100 years of life for our guest and resident, Carmen Vogel. This special milestone was celebrated with friends and family gathered at Walnut Senior Center with delicious cookies and coffee for the occasion.

Friday, April 17, 2026

Special Event: Senior Prom: Hollywood Glam Dinner & Dance (5:00 pm – 8:00 pm)

Taking a trip back to High School at this year's Senior Prom Dinner and Dance. Guests started off the night with a catered meal by Tiscareno's Catering, followed by great music hits played by DJ Osos. Throughout the evening, guests were treated to a fun interactive skit made by the staff for the Best of Class Awards and ending with the winners of Prom King and Queen. This event was enjoyed by all 57 participants in attendance.

OLDER ADULT CLASSES

The City of Walnut Senior Center partners with the Mt San Antonio College Continuing Education Division to offer classes for older adults. Classes are designed and developed to meet the educational needs of older adults. Classes offered are Digital Photography, Creative Computing, PowerPoint Basics, Mobile Technology, Oil Painting, Home Gardening, Jewelry Production & Design, Healthy Aging, Principles of Posture and Flexibility, and Financial Literacy in Retirement.

Heart and Soul Line Dance classes started offering lessons twice a week. Monday classes are perfect for the working older adult and are scheduled for 6pm. Thursday classes are perfect for the retired person, scheduled for the morning at 9:30 am. These classes are a perfect way to good heart health without the constant strain on joints and easy to follow. All levels are welcome and no partner is necessary.

Zumba Gold classes are offered at the Senior Center on Mondays from 12:30 pm to 1:30 pm. Zumba Gold is a lower impact dance class designed with seniors in mind. This fun and social class will teach different types of Latin and international dances. This

class provides simple to follow Zumba choreography that promotes balance, range of motion, posture strengthening and coordination.

GROW GROUP COUNSELING

The Senior Group GROW Group Counseling program has continued to be in person, since the transition of the virtual forum. GROW meets the first Friday of every month from 9:00 am to 11:00 am. Participants ages 55 and older are welcome and encouraged to learn new skills that will allow them to GROW.

SOCIAL CONNECTIONS

The senior center is partnering with the Los Angeles Department of Mental Health, to offer a one-hour support group for seniors on Mondays from 11:00 am to 12:00 pm allowing individuals to come together around a common activity to develop social connections. Here seniors can come and socialize, play games, share stories, and explore different topics with Staff and their fellow peers. This drop-in program is free to attend. Average Attendance is: 35

SENIOR EXCURSIONS:

| <u>Name</u> | <u>Date</u> | <u>Participants</u> |
|-----------------------|-------------|---------------------|
| Soboba Casino | Feb 17 | 44 (FULL) |
| Griffith Observatory | Mar 10 | 44 (FULL) |
| Rose Bowl Flea Market | Apr 12 | 44 (FULL) |

WEEKLY ACTIVITIES:

The Walnut Senior Center has continued to welcome back a few of the social groups including Bridge, Billiards, Friendship Quilting and Tole Painting. All social groups have designated meeting times with the exception of Billiards, which is open Monday through Friday from 8:00 am to 5:00 pm.

| | | |
|------------------------|--|------------------------|
| Tole Painting | Monday | 10:00 am to 12:00 noon |
| Friendship Quilting | 1 st & 3 rd Monday | 12:30 pm to 3:00 pm |
| Bridge | Tuesday | 12:00 noon to 3:00 pm |
| Senior Club (Bingo) | Wednesdays | 12:00 noon to 3:00 pm |
| Chinese Brush Painting | Friday | 10:00 am to 12:00 noon |