



WINTER 26

# INTERMEDIATE TENNIS LESSONS

## WITH TNA TENNIS ACADEMY

**WEDNESDAYS 5:00PM - 6:00PM**

**#1171 - JANUARY 7 - JANUARY 28**

**#1176 - FEBRUARY 25 - MARCH 18**



INTERMEDIATE TENNIS LESSONS ARE DESIGNED FOR PLAYERS WHO HAVE A FOUNDATION IN THE GAME AND ARE READY TO BUILD CONFIDENCE AND ADVANCE THEIR SKILLS. THESE SESSIONS FOCUS ON REFINING RALLY TECHNIQUES, IMPROVING FOOTWORK, AND STRENGTHENING STROKE FUNDAMENTALS, INCLUDING FOREHAND, BACKHAND, SERVE, AND VOLLEY. PARTICIPANTS ARE INTRODUCED TO SIMPLE POINT PLAY AND GAME SCENARIOS TO DEVELOP STRATEGIC AWARENESS. DRILLS EMPHASIZE CONSISTENCY, TIMING, AND COORDINATION, ALL WITHIN A SUPPORTIVE AND STRUCTURED SETTING. PLAYERS ALSO LEARN PROPER MOVEMENT TO THE BALL AND BEGIN TO UNDERSTAND COURT POSITIONING MORE EFFECTIVELY. A \$10 MATERIALS FEE IS DUE TO THE INSTRUCTOR ON THE FIRST DAY TO COVER TENNIS BALLS, CONES, FOOTWORK LADDERS, ELASTIC BANDS, AND MEDICINE BALLS. FOR AGES 8-13. CLASSES WILL BE HELD AT WALNUT RANCH PARK 20101 AMAR RD, WALNUT, CA 91789.

**4 WEEK SESSION: \$180 RESIDENT / \$185 NON-RESIDENT**

**REGISTER ONLINE AT [WWW.WALNUTCA.GOV](http://WWW.WALNUTCA.GOV) OR CONTACT  
WALNUT GYMNASIUM AND TEEN CENTER AT (909) 444-7959.**

